<table>
<thead>
<tr>
<th>SUPPLEMENT</th>
<th>DESCRIPTION</th>
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</thead>
<tbody>
<tr>
<td>5 HTP CR</td>
<td>Provided in a controlled-release tablet designed to naturally increase the body’s level of Serotonin quickly and steadily over a 12-hour period. Supports normal appetite, restful sleep pattern, healthy mood, and positive outlook.</td>
<td>1 tablet, up to 2 times daily, with meal</td>
</tr>
<tr>
<td>Adrecor®</td>
<td>Non-glandular product that supports adrenal neurotransmitter function and synthesis of adrenal neurotransmitters, epi and norepi, with combo of amino acids, vit, and other cofactors. Suggested uses: stress, fatigue, low energy.</td>
<td>1 to 3 caps 1 to 2 times daily</td>
</tr>
<tr>
<td>Adrecor® with Licorice Root</td>
<td>Designed for patients with advanced adrenol fatigue, comprehensively supporting adrenal function by advanced synthesis of cortisol, epinephrine and nonrepinephrine, licorice root aids in cortisol levels.</td>
<td>1 to 3 caps 1 to 2 times daily</td>
</tr>
<tr>
<td>Adrecor® with SAME</td>
<td>Provides strong methylation support to enhance epinephrine production. Formula combines SAME, 5-MTHF and neethyl cobalanum, which supports the synthesis of neurotransmitters in the brain for healthy mood, helps manage stress and healthy adrenal function.</td>
<td>1 capsule twice daily</td>
</tr>
<tr>
<td>Adrenal Essence</td>
<td>The formula is designed to reduce stress-induced fatigue and exhaustion, protect tissues from free radicals and may aid in stimulating the body's immune system.</td>
<td>1 capsule twice daily</td>
</tr>
<tr>
<td>Adrenal Px L-BP</td>
<td>Herbal support for adrenal function designed to reduce occasional exhaustion and fatigue, increase resistance to occasional stress, and maintain healthy immune response.</td>
<td>1/8 to 1 teaspoon twice daily</td>
</tr>
<tr>
<td>Adrenal Rebuilder</td>
<td>Dr. Wilson formulation that is multiglandular for building and promoting healthy adrenal structure and function during stress &amp; adrenal fatigue.</td>
<td>1 caplet 3 to 6 times a day</td>
</tr>
<tr>
<td>ALA Med</td>
<td>Alpha-lipoic acid that is a natural antioxidant that neutralizes variety of free radicals/oxygen radicals/ionized metals, increases intracellular glutathione levels, decreases oxidative stress, and supports healthy blood sugar levels.</td>
<td>1 tablet 30 min. before breakfast and 1 tablet 30 min. before lunch</td>
</tr>
<tr>
<td>Avipaxin®</td>
<td>Recommended to support acetylcholine for healthy immune activity and cognitive function.</td>
<td>1-3 capsules, 1-2 times daily</td>
</tr>
<tr>
<td>B Active</td>
<td>Contains the entire spectrum of B vitamins to support a very wide range of bodily and stress-related functions.</td>
<td>1 capsule 1 to 2 times daily</td>
</tr>
<tr>
<td>Balance D®</td>
<td>An amino acid formula that contains Vicia faba (standardized to contain 50% L-DOPA, precursor to dopamine). Designed to support those with low dopamine levels (impulse behaviors, memory function, muscle control).</td>
<td>1 to 2 caps 1 to 2 times daily</td>
</tr>
<tr>
<td>Berberine Balance</td>
<td>This contains high potency berberine as well as alpha lipoic acid (insulin health) and grape seed extract (heart health). Promotes blood sugar and cardiovascular health, as well as supports blood glucose metabolism and healthy cholesterol maintenance.</td>
<td>1 capsule twice daily</td>
</tr>
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<tr>
<td>Bio C 1:1™</td>
<td>Combines high-potency vitamin C with a standardized, full-spectrum, citrus bioflavonoid complex. Both vitamin C and bioflavonoids have been extensively researched for their roles in supporting antioxidant and immune function. In addition, research indicates that vitamin C is required for the synthesis of collagen, neurotransmitters, and carnitine. Bioflavonoids appear to support healthy metabolism and cognition by functioning as cell-signaling agents.</td>
<td>1 capsule daily</td>
</tr>
<tr>
<td>Bone Guard</td>
<td>Calcium/magnesium/vit D bone support formula. Per 2 capsules: Vit D 400IU + Calcium 400mg + Magnesium 200mg + Microcrystalline Hydroxyapatite Concentrate 1000mg</td>
<td>2 capsules with meals twice daily</td>
</tr>
<tr>
<td>C + BioFizz</td>
<td>Orange flavored powder easily provides therapeutic dosing of vitamin C and bioflavonoids. For antioxidant and immune support.</td>
<td>1 teaspoon (4 grams) as needed per day</td>
</tr>
<tr>
<td>C3 Curcumin Complex</td>
<td>400mg Curcumin C3 complex/cap. Naturally occurring turmeric root powder used for excessive inflammation and pain.</td>
<td>1 capsule daily</td>
</tr>
<tr>
<td>Calm G®</td>
<td>Promotes healthy brain function by modulating GABA-glutamate levels and managing oxidative stress. Contains theanine and N-acetylcysteine. Designed to help protect against overstimulation (excitotoxicity).</td>
<td>1 to 2 caps 3 to 4 times daily</td>
</tr>
<tr>
<td>Calm PRT</td>
<td>High potency rhodiola rosea and phosphatidylserine formula designed to calm overactive adrenal activity. Suggested use: stress, anxiousness, restlessness.</td>
<td>3 caps 1 to 2 times daily</td>
</tr>
<tr>
<td>Chromium/Vanadium</td>
<td>Formula of nutrients for optimal insulin function and blood sugar control.</td>
<td>1 capsule daily with a meal</td>
</tr>
<tr>
<td>ColostOferrin™</td>
<td>A combination of bovine colostrum, vitamin C, lactoferrin, arabinogalactan and a proprietary blend of immune-supportive prebiotic fructooligosaccharide (FOS) and probiotic Lactobacillus acidophilus.</td>
<td>2 capsules daily</td>
</tr>
<tr>
<td>CoQ10 100mg Max</td>
<td>Supports healthy CoQ10 levels and optimal utilization in the support of cardiovascular and energy-based health needs. (*crystal free with 3 x's more absorption = 100mg CoQMax equivalents 300mg).</td>
<td>1 soft gel 1 to 2 times daily, Optimal results achieved by consuming with meals that contain fat</td>
</tr>
<tr>
<td>D3 2000</td>
<td>2000 iu/cap form of bioidentical vitamin D.</td>
<td>1 soft gel daily</td>
</tr>
<tr>
<td>D3 5000</td>
<td>5000 iu/cap form of bioidentical vitamin D.</td>
<td>1 soft gel daily</td>
</tr>
<tr>
<td>Daxitrol Essential®</td>
<td>Contains a proprietary blend including chromium, N-acetylcysteine, Green tea leaf extract, and L-phenylalanine. Designed to help reset the brain’s pleasure/reward pathway to help manage cravings, control impulse behavior and modulate energy levels.</td>
<td>1 capsule daily before meals</td>
</tr>
<tr>
<td>Designs for Health Meal/Snack Bars</td>
<td>(DFH) nutritious snack bars that contain anti-inflammatory “good fats” and anti-bacterial coconut oil. High in antioxidants and compounds for immune system support and insulin sensitivity. No artificial sweeteners, fructose, or hydrogenated oils.</td>
<td>1 capsule daily with a meal</td>
</tr>
<tr>
<td>DHEA 5mg and 25mg</td>
<td>Hormone synthesized in body mostly by adrenal glands and important for variety physiological responses such as healthy aging, ongoing energy &amp; vitality, and mm reduction and fat reduction.</td>
<td>1 capsule daily with a meal</td>
</tr>
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<tr>
<td>Digest Support</td>
<td>Enzymes for the digestion of proteins, fats, and carbs; aid in symptoms of gas and bloating from meals, chronic constipation, and feeling of fullness after eating only small quantity.</td>
<td>1 capsule daily with meal</td>
</tr>
<tr>
<td>E-Balance</td>
<td>Support healthy estrogen metabolism and an optimal ratio of estrogen metabolites.</td>
<td>2 capsules daily</td>
</tr>
<tr>
<td>ExitaPlus®</td>
<td>Comprehensive neurotransmitter support formula to promote optimal levels of catecholamines (dopamine, epinephrine, and norepinephrine) for energy, focus, and positive mood. Contains N-acetyltyrosine, L-methionine, L-histidine, Mucuna pruriens, and Rhodiola rosea.</td>
<td>1 to 3 caps 1 to 2 times daily</td>
</tr>
<tr>
<td>Fit Food Lite Vegan</td>
<td>Rice protein and pea protein isolate blend with several additional amino acids that supports healthy body composition, immune health, blood insulin/glucose level, provides foundation of macro-nutrition.</td>
<td>Mix 2 scoops in 8-12 oz cold water Flavors: chocolate &amp; vanilla</td>
</tr>
<tr>
<td>Fit Food Lite Whey</td>
<td>Whey protein blend (soy and fructose free) that features 21g/ serving of pure whey protein and additional amino acids that support healthy body composition, immune health, blood insulin/glucose levels, provide foundation of macro-nutrition.</td>
<td>Mix 2 scoops in 8-12 oz cold water Flavors: chocolate, vanilla, berry, and banana</td>
</tr>
<tr>
<td>Focus DL®</td>
<td>Designed to help enhance PEA levels, support healthy catecholamine levels, and support mental clarity. Common complaints addressed by this supplement: fatigue, brain fog, low energy, memory issues, focus issues. Delivers 500mg of FL-phenylalanine per capsule.</td>
<td>1 to 2 caps 1 to 2 times daily</td>
</tr>
<tr>
<td>Gaba</td>
<td>Supplies 500mg of gamma amino butyric acid per capsule; gaba is an amino acid that functions as an inhibitory neurotransmitter – meaning that it blocks nerve impulses. Plays a role in growth hormone synthesis, sleep cycles, and body temperature.</td>
<td>1 capsule daily</td>
</tr>
<tr>
<td>GI Bio-X</td>
<td>A blend of botanical extracts that provide a broad spectrum of antimicrobial activity on the most common pathogens present in the GI tract.</td>
<td>1 capsule daily</td>
</tr>
<tr>
<td>GI Revive Caps</td>
<td>Offers comprehensive support for optimum gastrointestinal health and function. Maintaining gut health is the key to maintaining overall wellness.</td>
<td>7 capsules daily or 2 teaspoons daily</td>
</tr>
<tr>
<td>GI Renew Powder</td>
<td></td>
<td></td>
</tr>
<tr>
<td>GlutAloeMine</td>
<td>Gastrointestinal support and demonstrates selective promotion of gut microflora and enhances production of short chain fatty acids.</td>
<td></td>
</tr>
<tr>
<td>Glycine 500 mg</td>
<td>Glycine is the smallest of the amino acid molecules, yet important in supporting liver detoxification and production of glutathione, DNA, and hemoglobin. It is a naturally sweet tasting amino acid.</td>
<td>1-3 capsules daily, as directed by provider.</td>
</tr>
<tr>
<td>IgG 2000 CWP</td>
<td>An immunoglobulin concentrate derived from colostral whey peptides. IgG 2000 supports immune function, healthy cytokine activity, gut barrier function and gastrointestinal health and tissue repair.</td>
<td>Mix 1 tbsp into 2-4 oz. water daily or 2 capsules twice daily</td>
</tr>
<tr>
<td>Immune Essentials</td>
<td>A combination of whole glucan particle, olive leaf extract and vitamin C that supports the body's natural defenses against acute foreign microbial challenges.</td>
<td>For early and immediate support, 3 capsules with water empty stomach. Repeat 1 to 2 times within 24 hours.</td>
</tr>
<tr>
<td>ImmuWell®</td>
<td>Modulates sympathetic nervous system activation due to immune activity. Designed to reduce stress caused by immune activity. May help support people experiencing achiness, general discomfort, low mood associated with stress, and symptoms of overactive stress response.</td>
<td>2 capsules up to 3 times daily</td>
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<tr>
<td>Iodine/Selenium</td>
<td>Combines iodine, selenium, and molybdenum in a distinctive formula designed to support thyroid, breast, and endocrine system health.</td>
<td>1 tablet daily</td>
</tr>
<tr>
<td>InflaMed</td>
<td>Combines a blend of herbs, nutrients, and proteolytic enzymes to aid in symptoms of inflammation.</td>
<td>2 capsules 1 to 2 times daily between meals</td>
</tr>
<tr>
<td>Joint Recovery</td>
<td>This formula combines MSM, glucosamine sulfate and chondroitin sulfate that target joint health and assist with recovery from temporary joint discomfort due to occasional over exertion or intensive activity.</td>
<td>2 capsules twice daily</td>
</tr>
<tr>
<td>Kaprex</td>
<td>This proprietary blend provides a safer option for effective relief of joint pain. Clinical testing suggests that Kaprex may offer a high degree of predicted cardiovascular, gastric, renal, and liver safety.</td>
<td>1 soft gel twice daily with food</td>
</tr>
<tr>
<td>Kavinace</td>
<td>Calming neurotransmitter support that potentiates the effects of GABA. Suggested uses: anxiousness, sleep difficulties</td>
<td>1 to 2 capsules 1 to 2 times daily</td>
</tr>
<tr>
<td>Kavinace Ultra PM</td>
<td>Comprehensive sleep formula that potentiates the effects of GABA; supports serotonin and melatonin.</td>
<td>1 capsule before bed. Do not exceed 2 capsules daily</td>
</tr>
<tr>
<td>Liver Protect</td>
<td>Supports healthy liver function, protects liver tissue, and supports healthy liver enzyme levels.</td>
<td>1 capsule twice daily</td>
</tr>
<tr>
<td>L-Lysine</td>
<td>Contains 800mg Lysine/capsule. Lysine is an essential amino acid used to prevent and decrease incidence of fever blisters (cold sores), herpes virus.</td>
<td>2 capsules daily</td>
</tr>
<tr>
<td>Lox5</td>
<td>Natural cox-2 &amp; 5-lipoxygenase inhibitor to support pain relief; anti-inflammatory, analgesic, antioxidant support.</td>
<td>2 capsules twice daily</td>
</tr>
<tr>
<td>Magnesium Glycinate Chelate</td>
<td>Absorbable chelated magnesium used for chronic fatigue syndrome and hypertension (should not cause loose stool or stomach upset).</td>
<td>2 capsules daily</td>
</tr>
<tr>
<td>Mamma Chia Bars</td>
<td>These organic bars combine chia seeds with nuts and fruit for a delicious snack. Each bar delivers protein, fiber, and 1000mg Omega-3s.</td>
<td>1 tablet 15 to 60 minutes before bedtime</td>
</tr>
<tr>
<td>Melatonin</td>
<td>Helps regulate sleep pattern, maintain normal circadian rhythm, promotes restful sleep.</td>
<td>1 capsule twice daily</td>
</tr>
<tr>
<td>Memory</td>
<td>Enhanced brain support; used for cognitive function and memory enhancement.</td>
<td>1 capsule twice daily</td>
</tr>
<tr>
<td>MenoFem</td>
<td>Balanced approach to support menopause and aids in symptoms of menopause such as: hot flashes, night sweats, sleep disturbances, emotional lability.</td>
<td>1 capsules three times daily</td>
</tr>
<tr>
<td>Methyl B12 Spray</td>
<td>Methylcobalamin is the active form of vitamin B12 that supports liver, brain, and nerve health. It is essential for cell growth. ReadiSorb Methyl B12 Spray has 0.5mg methylcobalamin per spray.</td>
<td>Typically, 2 sprays (1 mg of nutrient) for the recommended starting amount. Spray inside cheek or under tongue. Let rest for 20 seconds before swallowing.</td>
</tr>
<tr>
<td>Methyl Guard</td>
<td>Support optimal methylation of estrogen, dopamine, epinephrine, heavy metals, and environmental toxins and maintain healthy homocysteine levels in blood.</td>
<td>1 to 2 capsules 1 to 2 times daily</td>
</tr>
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<tr>
<td><strong>Methyl Guard B12</strong></td>
<td>This product supports methylation, nervous system health, normal cellular proliferation (including red blood cells, healthy serum folate levels, and healthy pregnancy outcomes. Furthermore, it does not contribute to unmetabolized folic acid accumulation.</td>
<td>Take one cherry-flavored tablet daily, or as directed by health care provider.</td>
</tr>
<tr>
<td><strong>MinReX</strong></td>
<td>A mineral complex used for chelation patients. Supports mineral repletion, consumption defense system.</td>
<td>2 capsules daily</td>
</tr>
<tr>
<td><strong>NAC</strong></td>
<td>N-acetyl Cysteine is a powerful free radical scavenger that supports body’s natural defense system.</td>
<td>1 to 2 capsules twice daily between meals</td>
</tr>
<tr>
<td><strong>Neuro Replete</strong></td>
<td>Neurotransmitter support formula that is a precursor of neurotransmitters serotonin, dopamine, norepinephrine, and epinephrine. Allow for increased level of serotonin and dopamine without depletion of one of these two neurotransmitters. Common uses: depression, anxiety, OCD, ADD/ADHD, insomnia, cravings, increased appetite, addiction, restless leg syndrome, and Parkinson’s disease.</td>
<td>4 capsules 1 to 2 times daily</td>
</tr>
<tr>
<td><strong>NiaVasc</strong></td>
<td>Sustained-release niacin that supports optimum serum lipid levels, including HDL, LDL, lipo(a), and triglycerides. 750 mg niacin/tablet.</td>
<td>1 tablet 1 to 2 times daily with food</td>
</tr>
<tr>
<td><strong>N.O. Ultra ER</strong></td>
<td>Extended-release arginine formula that supports circulatory &amp; cardiovascular health, optimizes muscle function, supports inflammatory pathways, and supports wound healing.</td>
<td>Take 3 caplets twice daily: 3 caplets 30 min. before breakfast and 3 caplets 30 min. before lunch w/ 8 oz water</td>
</tr>
<tr>
<td><strong>NorLox Ultra®</strong></td>
<td>Provides support for general immune regulation. Promotes healthy levels of neurotransmitters utilized by the neuro-immune system. Supports immune activation and oxidative stress to promote healthy energy levels, maintain balanced mood, and support discomfort associated with aches.</td>
<td>2 capsules, 1 to 2 times daily.</td>
</tr>
<tr>
<td><strong>Omega Oils 780 EC</strong></td>
<td>Essential fatty acids from cold water fish supports cardio health, reduce inflammation, support healthy brain/ nervous system/ joint function. (1.4 gm fish oil = 450 mg EPA + 330 mg DHA)</td>
<td>Take 1 to 2 soft gels 1 to 3 times daily)</td>
</tr>
<tr>
<td><strong>Omega Pure Krill Oil</strong></td>
<td>Patented medical food formulated for the dietary management of omega-3 phospholipid deficiency which may be associated with mild-to-moderate hypertriglyceridemia; and to support cell membrane fluidity, normal homocysteine metabolism, and cardiometabolic health.</td>
<td>Take 2 capsules in the morning, preferably after breakfast. Do not crush or chew capsules. Swallow whole.</td>
</tr>
<tr>
<td><strong>Omega Swirl</strong></td>
<td>An Omega-3 Sensation with the taste and texture of a fruit smoothie. Omega-3 without the oily taste and texture or swallowing large capsules. Supports heart health, healthy cholesterol levels, joint mobility, bone density, energy, and endurance. Promotes skin, hair &amp; nail health, mental health, wellness and acuity.</td>
<td>2 tsps daily.</td>
</tr>
<tr>
<td><strong>OptiCleanse GHI</strong></td>
<td>Optimal Gastrointestinal, Hepatic, and inflammatory support formula (rice protein-based) 26 grams protein/serving.</td>
<td>Mix 2 scoops into 10 to 12 oz chilled water daily. Flavors: chocolate &amp; vanilla</td>
</tr>
<tr>
<td><strong>Probio Max DF (100 billion)</strong></td>
<td>Dairy-free, vegetarian, gluten-free, four strain probiotic totaling 100 billion CFU/capsule.</td>
<td>1 capsule with water daily</td>
</tr>
<tr>
<td><strong>Probio Daily (30 billion)</strong></td>
<td>Dairy-free vegetarian gluten-free, four strain probiotic totaling 30 billion CFU/capsule.</td>
<td>1 capsule with water daily</td>
</tr>
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<tr>
<td>ProstateFLO</td>
<td>Formula designed for men, to support male urinary flow, hormone metabolism and overall prostate health.</td>
<td>1 soft gel twice daily</td>
</tr>
<tr>
<td>PS 100</td>
<td>Phosphatidylserine (PS) 100mg /capsule Promotes brain function.</td>
<td>1 soft gel up to 3 times daily with a meal. Best kept refrigerated</td>
</tr>
<tr>
<td>Quercetin + Nettles</td>
<td>Taken for cancer, heart disease, cervical dysplasia, asthma, and allergies.</td>
<td>3 capsules daily with meal</td>
</tr>
<tr>
<td>Red Yeast Rice</td>
<td>Naturally support healthy blood lipid levels; lowering cholesterol and triglycerides.</td>
<td>1 capsule 1 to 3 times daily</td>
</tr>
<tr>
<td>RenewalMax</td>
<td>Supports growth development and regeneration of connective tissue (skin, bones, cartilage, etc), hair, and nails. Provides ch-OSA that helps naturally nourish your body’s beauty protein.</td>
<td>1 capsule twice daily</td>
</tr>
<tr>
<td>Resveretrol Supreme</td>
<td>A very potent antioxidant protection which, among other things, activates the Sir T1 gene, which is believed to provide anti-aging effects.</td>
<td>1 capsule daily</td>
</tr>
<tr>
<td>Ribo-CarniClear</td>
<td>D-Ribose/L-Carnitine formula that’s primary energy source for heart, mm, and other tissues of body, increase energy production, enhance ability to utilize fat as fuel source.</td>
<td>1 tsp daily (5ml)</td>
</tr>
<tr>
<td>Saccharomycin DF</td>
<td>Promotes overall intestinal health by 3 actions: serves as antitoxin against bacterial toxins, stimulate immune cells of intestinal mucosa, modulates release of polyamines that repair intestinal health.</td>
<td>1 to 2 capsules daily</td>
</tr>
<tr>
<td>Serotrex®</td>
<td>Promotes serotonin and GABA support. Designed to calm anxiety.</td>
<td>Chew 1 tablet as needed.</td>
</tr>
<tr>
<td>Testoplex</td>
<td>Free up serum-bound testosterone, thereby optimizing availability of testosterone.</td>
<td>4 capsules with 8 oz water daily upon waking</td>
</tr>
<tr>
<td>Teevance®</td>
<td>Supports sympathetic autonomic nervous system activity. Designed to address symptoms of fatigue, anxiousness, and low mood.</td>
<td>1 to 2 caps 1 to 2 times daily</td>
</tr>
<tr>
<td>Thyro-Balance</td>
<td>Support healthy thyroid function and aids in conversion of T4 to T3.</td>
<td>2 capsules twice daily</td>
</tr>
<tr>
<td>Travacor</td>
<td>Calming formula; provides calming neurotransmitter support. Suggested uses: sleep issues, anxiousness, restlessness.</td>
<td>1 to 3 capsules 1 to 2 times daily</td>
</tr>
<tr>
<td>TravaGen®</td>
<td>Supports serotonin, GABA, and taurine; promotes calm.</td>
<td>Take 1 to 3 capsules, 1 to 2 times daily.</td>
</tr>
<tr>
<td>Two Daily Multi</td>
<td>Full spectrum multi-vitamin.</td>
<td>2 capsules daily with meal</td>
</tr>
<tr>
<td>Ultra Mag</td>
<td>Non-absorbable form of magnesium that is a proprietary blend of patented magnesium that aids in cardio health, healthy mm function, bone health, energy production, healthy blood sugar; and corrects dietary magnesium deficiency.</td>
<td>1 to 2 capsules twice daily</td>
</tr>
<tr>
<td>UltraPreventive X</td>
<td>Most comprehensive multi-vitamin in a special green food base that includes variety of organic fruits and vegetables.</td>
<td>8 tablets daily with meals</td>
</tr>
<tr>
<td><strong>Ultra Protein/Protein Fusion Bars</strong></td>
<td>High protein, low-glycemic bar (20g protein, only 3g glucose impact carbs, 1g sugar, approx 240 cal)</td>
<td></td>
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<tr>
<td>UT Support</td>
<td>Herbal supplement for urinary tract infections.</td>
<td>2 capsules daily</td>
</tr>
<tr>
<td>Vasotensin</td>
<td>Provides peptides from bonito fish to support healthy blood pressure levels.</td>
<td>2 tablets twice daily with meals</td>
</tr>
<tr>
<td>Viragraphis</td>
<td>An herbal combination of 3 high quality ingredients (Andrographis Extract, Licorice Root Extract, Isatis indigotica) to support the body’s immune system and to promote its healthy response to inflammation. The formula may provide support for healthy respiratory function.</td>
<td>2 capsules 4 times daily for 1 to 3 days then reduce dose per doctors order. Recommended for short-term use.</td>
</tr>
<tr>
<td>XymoBoIX</td>
<td>Essential amino acid formula to supplement diets insufficient in quality protein.</td>
<td>Dissolve one scoop (6.8 g) into 8-12 oz of room-temperature water and consume once per day 30 to 60 minutes prior to resistance exercise or between meals.</td>
</tr>
<tr>
<td>Zinc Glycinate</td>
<td>Zinc glycinate chelate 20mg capsule, take 1 cap daily. Supports protein metabolism, immune health, reproductive health, antioxidant activity, and sensory perception.</td>
<td>1 capsule daily</td>
</tr>
</tbody>
</table>

*These statements have not been evaluated by the Food and Drug Administration (FDA). This information is not meant to diagnose, treat or cure any disease or medical condition. Please consult your doctor before starting any health or nutritional supplement program or before using these or any product during pregnancy or if you have a serious medical condition.*