

## Supplement Reference Guide

SUPPLEMENT	DESCRIPTION	DIRECTIONS
5 HTP CR	Supports normal appetite, restful sleep pattern, healthy mood, and positive outlook.	1 tablet, up to 2 times daily, with meal
5 HTP liposomal spray (2 oz)	Calming effects; supports healthy mood; reduces cravings.	Spray 1-2 times daily
Adreco <sup>®</sup>	Advanced adrenal and catecholamine support; reduces fatigue under stress.	1 to 3 caps, 1 to 2 times daily
Adreco <sup>®</sup> with Licorice Root	Advanced cortisol support; reduces fatigue under stress.	1 to 3 caps, 1 to 2 times daily
Adreco <sup>®</sup> with SAME	Premium methylation support; reduces fatigue under stress.	1 capsule twice daily
Adrenal Essence <sup>®</sup>	Supports healthy energy levels, antioxidant activity, and healthy immune function.	1 capsule twice daily
Adrenal Px L-BP	Supports stress response; helps reduce fatigue; supports healthy immune function.	1/8 to 1 teaspoon twice daily
Adrenal Rebuilder *order directly	Supports adrenal function, stress response, and helps reduce fatigue.	1 caplet 3 to 6 times a day
ALA Med	Supports antioxidant activity and healthy blood sugar levels.	1 tablet 30 min. before breakfast & 1 tablet 30 min. before lunch
Avipaxin	Neuroimmune (learning, memory, & immune) and cholinergic support.	1-3 caps, 1-2 times daily.
Ayur-Ashwagandha	Supports healthy stress response and cortisol levels.	1 capsule daily.
B Active <sup>®</sup>	Supports adrenal function, neurological function, stress-related functions.	1 capsule, 1 to 2 times daily
Balance D <sup>®</sup>	Premium dopamine support (healthy stress response).	1 to 2 capsules, 1 to 2 times daily
Berberine Balance	Supports heart health; supports healthy blood sugar metabolism, cholesterol maintenance, and antioxidant activity.	1 capsule twice daily
Bio C 1:1 <sup>™</sup>	Supports antioxidant activity, immune function, and collagen synthesis.	1 capsule daily
Bone Guard	Supports bone health (Calcium, magnesium, Vitamin D).	2 capsules with meals twice daily
C + BioFizz	Supports antioxidant activity, immune function, and collagen synthesis.	1 teaspoon (4 grams) as needed per day
Calm G <sup>®</sup>	Advanced calming support. Inhibits glutamate activity.	1 to 2 capsules, 3 to 4 times daily
Calm CP <sup>®</sup>	Advanced calming support. Supports healthy cortisol levels. Supports healthy stress response.	2 capsules, 1-2 times daily
Chromium/Vanadium	Supports insulin activity, heart health, and blood glucose levels.	1 capsule daily with a meal
ColostOferrin <sup>™</sup>	Provides immune support (includes bovine colostrum, vitamin C, prebiotic, and probiotic).	2 capsules daily

SUPPLEMENT	DESCRIPTION	DIRECTIONS
CoQ10 100mg Max	Supports heart health and energy levels.	1 soft gel, 1 to 2 times daily Optimal results achieved by consuming with meals that contain fat
Cortisol Manager™	Promotes relaxation and sleep; helps reduce fatigue.	Take 1 tablet before bedtime. Increase to 2 tablets during times of high stress.
CysReplete	Supports immune health and brain health.	2 capsules at noon, afternoon & bedtime
D3 2000	Supports bone health, brain health, and immune function.	1 soft gel daily
D3 5000	Supports bone health, brain health, and immune function.	1 soft gel daily
D5 Macuna 40%	Supports movement, balance, motivation, focus, and addiction.	Take as recommended
Daxitrol Essential	Craving control.	1-3 capsules, 1-3 times daily
Designs for Health Meal/Snack Bars	(DFH) nutritious snack bars that contain anti-inflammatory “good fats” and anti-bacterial coconut oil. High in antioxidants and compounds for immune system support and insulin sensitivity. No artificial sweeteners, fructose, or hydrogenated oils.	
DHEA 5mg and 25mg	Supports healthy aging, energy levels, and metabolism.	1 capsule daily with a meal
Digest Support	Supports digestive health and weight control.	1 capsule daily with meal
E-Balance	Supports healthy estrogen levels.	2 capsules daily
ExcitaPlus®	Strongest adrenal and catecholamine support product by NeuroScience, Inc. Reduces fatigue under stress.	1 to 3 capsules, 1 to 2 times daily
FemQuil	Menopause support.	1 capsule three times daily
Fit Food Lean Complete (Vegan)	Supports healthy body composition, protein metabolism, gastrointestinal health, antioxidant systems, and essential micronutrients.	Mix 1-2 scoops in 6-8 oz cold water. Chocolate or vanilla
Fit Food Lite Vegan	Supports weight control, body composition, immune health, and insulin levels.	Mix 2 scoops in 8-12 oz cold water
Fit Food Lite Whey	Supports weight control, body composition, immune health, and insulin levels.	Mix 2 scoops in 8-12 oz cold water Chocolate, vanilla, berry, & banana
Focus DL®	Phenylalanine is the precursor to phenylethylamine (PEA). Decreased PEA has been associated with inattentiveness.	1 to 2 capsules, 1 to 2 times daily
Gaba	Supports healthy sleep cycles.	1 capsule daily
Gaba Trex® Chewable Tablets	Calming support; inhibits glutamate activity.	Chew 1 tablet as needed
GI Bio-X	Supports digestive health (antimicrobial activity on common pathogens).	1 capsule daily
GI Renew Powder	Comprehensive support for optimal gastrointestinal health.	Mix 1 Tbsp in water.
GlutAloeMine	Supports digestive health (production of microflora and short chain fatty acids).	Take as recommended
Glutathione Liposome (4 oz)	Immune support (glutathione functions to protect cells from free radicals).	
Glycine 500mg	Supports mental function, muscle management, and antioxidant protection.	1 capsule daily

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Immune Essentials	Immune support against acute foreign microbial challenges.	For early & immediate support, 3 capsules with water on empty stomach. Repeat 1 to 2 times within 24 hours
InflaMed	Supports the body in reducing inflammation.	2 capsules, 1 to 2 times daily between meals
Insomnitrol™ Chewables	Supports quality sleep. (Not recommended for persons with: Autoimmune conditions, immune-related cancers, pregnancy, lactation, or trying to become pregnant)	2 chewables, 30-60 minutes prior to bedtime
Joint Recovery	Supports joint healthy and recovery.	2 capsules twice daily
K2-D3 5000	Supports bone and immune health.	Take as recommended
Kaprex	Support for relief of joint pain.	1 soft gel twice daily with food
Krill Oil	Supports heart, joint, and brain health.	Take as recommended.
Leptin Manager™	Targets fat cells, affects serum leptin levels, and supports weight loss	Take 1 capsule in the morning
Liposomal C	Immune system support.	Take 1 tsp (5mL) once or twice daily with food.
Liver Protect	Supports healthy liver function.	1 capsule twice daily
L-Lysine	Supports in decreasing/preventing fever blisters and herpes outbreaks.	2 capsules daily
Lox5	Supports pain relief and inflammation reduction.	2 capsules twice daily
Magnesium Buffered Chelate	Supports energy levels and heart health.	2 capsules daily
Melatonin	Supports healthy sleep cycle.	1 tablet, 15 to 60 min. before bedtime
MemorAll	Supports healthy cognitive and memory function.	1 capsule twice daily
Methyl B12 Spray	Supports healthy methylation, liver function, brain, and nervous system.	Typically, 2 sprays (1 mg of nutrient) for the recommended starting amount. Spray inside cheek or under tongue. Let rest for 20 seconds before swallowing.
Methyl Guard	Supports healthy methylation, homocysteine levels, and pregnancy outcomes.	1 to 2 capsules, 1 to 2 times daily
Methyl Guard B12	Supports healthy methylation, pregnancy outcomes, and nervous system.	Take one cherry-flavored tablet daily, or as directed by health care provider.
MinRex	Supports mineral repletion.	2 capsules daily
NAC	Supports the body's natural defense system.	1 to 2 capsules, twice daily bet. meals
Neuro Replete®	Supports mood, sleep cycle, concentration, involuntary muscle movement, and cravings.	4 capsules, 1 to 2 times daily
Nia Vasc™	Supports healthy lipid levels and heart health.	1 tablet, 1 to 2 times daily with food
N.O. Ultra ER	Supports cardiovascular health, inflammation, muscle function, and wound healing.	Take 3 caplets twice daily: 3 caplets 30 min. before breakfast & 3 caplets 30 min. before lunch w/ 8 oz water

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Nutri Clear Plus (15 Day Cleanse)	Supports the body's detoxification process.	Take 2 shakes and supplement packets per day.
Omega Monopure	Supports heart health, mental functioning, healthy glucose, and insulin metabolism.	1 softgel, daily
Omega Oils 780 EC	Supports healthy heart, brain, nervous system, joint, and inflammation.	1 to 2 soft gels 1 to 3 times daily
Omega Pure Krill Oil	Supports heart health.	Take 2 capsules in the morning, preferably after breakfast. Do not crush or chew capsules. Swallow whole.
OptiFiber® Lean	Supports feeling of fullness, weight control, glucose metabolism, cholesterol metabolism, and healthy bowel movements.	Mix 1-2 scoops in 8-12 oz of water & consume 1x daily; or mix 1 scoop & consume 30-60 minutes before each of your two biggest meals.
OptiCleanse GHI	Supports gastrointestinal function and balanced detoxification.	Stir/blend 2 scoops in 10-12 oz water. Chocolate or vanilla
Phenibut HCL	A derivative of the naturally occurring inhibitory neurotransmitter known as Gamma-Aminobutyric acid, or GABA.	Take as recommended.
ProbioMax Daily DF	Supports immune response, bowel regularity, and lactose digestion.	
ProbioMax Sb DF	Supports bowel regularity, gastrointestinal-based immunity, and healthy intestinal microecology.	1 capsule with water daily
Probio Max DF (100 billion)	Supports digestive health and immune function.	1 capsule with water daily
Probio Max DF (30 billion)	Support digestive health and immune function.	1 capsule with water daily
ProstateFLO	Supports prostate health	1 soft gel twice daily
PS 100	Supports brain function.	1 soft gel up to 3 times daily with a meal. Best kept refrigerated
Quercetin + Nettles	Supports heart health and inflammation.	3 capsules daily with meal
Red Yeast Rice	Supports heart health.	1 capsule, 1 to 3 times daily
RenewalMax Plus	Supports healthy bone, cartilage, hair, and nail growth.	1 capsule twice daily
Resveratrol Supreme	Supports optimal aging.	1 capsule daily
Ribo-CarniClear	Supports heart health, energy level, and muscle recovery.	1 tsp daily (5ml)
Saccharomycin DF	Supports digestive health.	1 to 2 capsules daily
SAMe 200	Supports nervous system and joint health.	1 capsule daily (or as recommended)
Serotrex®	Calming support. Inhibits glutamate activity and supports serotonin.	Chew 1 tablet as needed
Thyro-Balance	Supports thyroid function.	2 capsules twice daily
Travacor®	Top recommended serotonin support by NeuroScience, Inc. Advanced calming support.	1 to 3 capsules, 1 to 2 times daily
Two Daily Multi	Multi-vitamin.	2 capsules daily with meal
Ultra Mag	Supports healthy heart, bone, energy levels, and blood sugar.	1 to 2 capsules twice daily

SUPPLEMENT	DESCRIPTION	DIRECTIONS
UltraPreventive X	Multi-vitamin.	8 tablets daily with meals
Ultra Protein/Protein Fusion Bars	High protein, low-glycemic bar (20g protein, only 3g glucose impact carbs, 1g sugar; approx 240 cal)	
UT Support	Support for urinary tract infections.	2 capsules daily
Uva Ursi Max-V	Support for urinary tract health.	1 capsule daily, between meals
Viragraphis	Supports healthy immune function, inflammation, and respiratory system.	2 capsules 4 times daily for 1 to 3 days then reduce dose per doctors order. Recommended for short-term use.
XymoBolX	Supports muscular function and recovery.	Dissolve one scoop (6.8 g) into 8-12 oz of room-temperature water & consume once per day 30 to 60 minutes prior to resistance exercise or between meals.
Zinc Glycinate	Supports immune system, reproductive health, and antioxidant activity.	1 capsule daily

Neuroscience products: Avipaxin, Balance D, Calm CP, Calm G, Excita Plus, Focus DL, GABA Trex, ImmuWell, NorLox, Selevance, Senergy, Serotrex

**\*Take each Neuroscience product per each individual patients lab result protocol.**

#### RETURN POLICY

The Renewal Point gladly accepts unopened supplement returns within 60 days from the date of purchase for a full refund (minus any applicable shipping fees). Once we receive your return, we will e-mail us at promptly process it, however it may take 2-3 days for the refund to post to your account.

We must receive these products unopened and in new condition, therefore, the label should be reviewed prior to opening a product. Food, heat sensitive items, and special orders are non-returnable and non-refundable.

If you have any questions, please call us at (941) 926-4905 or e-mail us at [vitamins@therenewalpoint.com](mailto:vitamins@therenewalpoint.com)

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