

## Supplement Reference Guide

SUPPLEMENT	DESCRIPTION	DIRECTIONS
5 HTP CR	Supports normal appetite, restful sleep pattern, healthy mood, and positive outlook	1 tablet, up to 2 times daily with meal
AdreCor™	Advanced adrenal and catecholamine support; reduces fatigue under stress	1 to 3 caps, 1 to 2 times daily
AdreCor™ with Licorice Root	Advanced cortisol support; reduces fatigue under stress	1 to 3 caps, 1 to 2 times daily
AdreCor™ with SAME	Premium methylation support; reduces fatigue under stress	1 capsule twice daily
Adrenal Essence®	Supports healthy energy levels, antioxidant activity and healthy immune function	1 capsule twice daily
Adrenal Rebuilder	Supports adrenal function, stress response and helps reduce fatigue	1 caplet, 3 to 6 times a day
ALA Med	Supports antioxidant activity and healthy blood sugar levels	1 tablet 30 min. before breakfast & 1 tablet 30 min. before lunch
Ayur-Ashwagandha	Supports healthy stress response and cortisol levels	1 capsule daily
B Supreme	Supports adrenal function, neurological function and stress-related functions	1 capsule, 1 to 2 times daily
Balance D	Premium dopamine support (healthy stress response)	1 to 2 capsules, 1 to 2 times daily
Berberine Complex	Supports heart health; supports healthy blood sugar metabolism, cholesterol maintenance and antioxidant activity	2 capsules 3x daily or as recommended
Bio C 1:1™	Supports antioxidant activity, immune function and collagen synthesis	1 capsule daily
Bone Guard	Supports bone health (Calcium, Magnesium, Vitamin D).	2 capsules with meals twice daily
C + BioFizz™	Supports antioxidant activity, immune function, and collagen synthesis	1 teaspoon (4 grams) as needed per day
Calm CP®	Advanced calming support. Supports healthy cortisol levels. Supports healthy stress response	2 capsules, 1-2 times daily
Calm G™	Advanced calming support. Inhibits glutamate activity	1 to 2 capsules, 3 to 4 times daily
Chromium Synergy™	Supports insulin activity, heart health and blood glucose levels	1 capsule daily with a meal
CoQ10 100mg Max	Supports heart health and energy levels.	1 soft gel, 1 to 2 times daily. Optimal results achieved by consuming with meals that contain fat.
Cortisol Manager™	Promotes relaxation and sleep; helps reduce fatigue	Take 1 tablet before bedtime. Increase to 2 tablets during times of high stress.
D3 2000	Supports bone health, brain health and immune function	1 soft gel daily

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Daily Renewal Multi	Multi-vitamin	2 capsules daily with meal
DHEA 5mg and 25mg	Supports healthy aging, energy levels, and metabolism	1 capsule daily with a meal
Digestzymes™	Supports digestive health and weight control	1 capsule daily with meal
E-Balance	Supports healthy estrogen levels.	2 capsules daily
ExcitaPlus™	Strongest adrenal and catecholamine support product by NeuroScience, Inc. Reduces fatigue under stress	1 to 3 capsules, 1 to 2 times daily
FemQuil®	Menopause support	1 capsule three times daily
Focus DL®	Phenylalanine is the precursor to phenylethylamine (PEA). Decreased PEA has been associated with inattentiveness	1 to 2 capsules, 1 to 2 times daily
Gaba	Supports healthy sleep cycles	1 capsule daily
Gaba Trex™ Chewable Tablets	Calming support; inhibits glutamate activity.	Chew 1 tablet as needed
GI Microb-X	Supports digestive health (antimicrobial activity on common pathogens)	1 capsule daily
GI Revive	Comprehensive support for optimal gastrointestinal health and function. Supports gut associated immune function, healthy mucosal lining and inflammatory response.	Mix 1 scoop in water once daily or as recommended
GlutAloeMine®	Supports digestive health (production of microflora and short chain fatty acids)	Take as recommended
Glutathione GSH Liposome	Immune support (glutathione functions to protect cells from free radicals)	¾ tsp (4ml) once daily, on an empty stomach or between meals
Glycine 500mg	Supports mental function, muscle management and antioxidant protection.	1 capsule daily
HistDAO	Breaks down food-derived histamine in the digestive tract.	Take as recommended
Immune Essentials™	Immune support against acute foreign microbial challenges	For early & immediate support, 3 capsules with water on empty stomach. Repeat 1 to 2 times within 24 hours
Inflamed	Supports body inflammation	4 capsules per day with meals, or as directed
Insomnitol™ Chewables	Supports quality sleep. (Not recommended for persons with: Autoimmune conditions, immune-related cancers, pregnancy, lactation, or trying to become pregnant)	2 chewables, 30-60 minutes prior to bedtime
K2-D3 5000	Supports bone and immune health	Take as recommended
Kaprex®	Support for relief of joint pain	1 soft gel twice daily with food
Krill Oil	Supports heart, joint and brain health.	Take as recommended
L-Lysine	Supports in decreasing/preventing fever blisters and herpes outbreaks	2 capsules daily

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Leptin Manager™	Targets fat cells, affects serum leptin levels and supports weight loss	Take 1 capsule in the morning
Liposomal C	Immune system support	Take 1 tsp (5mL) once or twice daily with food
Liver Protect™	Supports healthy liver function	1 capsule twice daily
Magnesium Buffered Chelate	Supports energy levels and heart health	2 capsules daily
Melatonin P.R.	Supports healthy sleep cycle	1 tablet, 15 to 60 min. before bedtime
MemorAll™	Supports healthy cognitive and memory function	1 capsule twice daily
Methyl Guard B12	Supports healthy methylation, pregnancy outcomes and nervous system	Take one cherry-flavored tablet daily, or as directed by health care
Methyl Protect®	Supports healthy methylation, homocysteine levels and pregnancy outcomes.	1 to 2 capsules, 1 to 2 times daily
MinRex®	Supports mineral repletion	2 capsules daily
N.O. max™ ER	Supports cardiovascular health, inflammation, muscle function, and wound healing	Take 3 caplets twice daily: 3 caplets 30 min. before breakfast & 3 caplets 30 min. before lunch w/ 8 oz water
NAC	Supports the body's natural defense system.	1 to 2 capsules, twice daily between meals
Neuro Replete®	Supports mood, sleep cycle, concentration, involuntary muscle movement, and cravings.	4 capsules, 1 to 2 times daily
NiaVasc™	Supports healthy lipid levels and heart health	1 tablet, 1 to 2 times daily with food
Omega Oils 780 EC™	Supports healthy heart, brain, nervous system, joint and inflammation	1 to 2 soft gels 1 to 3 times daily
OptiFiber® Lean	Supports feeling of fullness, weight control, glucose metabolism, cholesterol metabolism and healthy bowel movements	Mix 1-2 scoops in 8-12 oz of water & consume 1x daily or mix 1 scoop & consume 30-60 minutes before each of your two biggest meals
OptiMag 125	Supports healthy heart, bone, energy levels and blood sugar	1 to 2 capsules twice daily
PharmaGaba	Naturally occurring inhibitory neurotransmitter known as Gamma-Aminobutyric Acid, or GABA. Supporting healthy stress response, anxiety and healthy sleep	Take 2 tablets once daily
Probio Daily (30 billion)	Supports immune response, bowel regularity and lactose digestion	1 capsule with water daily
ProbioMax® DF (100 billion)	Supports digestive health and immune function	1 capsule with water daily
ProbioMax® Sb DF (30 billion)	Supports bowel regularity, gastrointestinal-based immunity and healthy intestinal microecology	1 capsule with water daily
Prostate Supreme™	Supports prostate health	1 soft gel twice daily
PS 100	Supports brain function	1 soft gel up to 3 times daily with a meal. Best kept refrigerated

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Quercetin + Nettles	Supports heart health and inflammation	3 capsules daily with meal
Red Yeast Rice	Supports heart health	1 capsule, 1 to 3 times daily
RegeneMax Plus®	Supports healthy bone, cartilage, hair, and nail growth	1 capsule twice daily
Saloxicin™	Supports pain relief and inflammation reduction	2 capsules twice daily
SAMe 200	Supports nervous system and joint health	1 capsule daily or as recommended
SynovX® Recovery	Supports joint health and recovery	2 capsules twice daily
Taurine	Support for tissue, eyes, muscle and cardiovascular systems. Helps maintain brain, heart, eyes and soft tissue health. Provides immune and antioxidant support.	1 capsule, 1 to 2 times daily
Thyroid Synergy™	Supports thyroid function	2 capsules twice daily
Travacor™	Top recommended serotonin support by NeuroScience, Inc. Advanced calming support	1 to 3 capsules, 1 to 2 times daily
Ultra Preventive III	Most comprehensive multi-vitamin in a special green food base that includes a variety of organic fruits and vegetables	8 tablets daily with meals
UT Synergy™	Support for urinary tract infections	2 capsules daily
Uva Ursi Max-V	Support for urinary tract health	1 capsule daily, between meals
Viragraphis™	Supports healthy immune function, inflammation and respiratory system	2 capsules 4 times daily for 1 to 3 days and then reduce dose per doctors' order. Recommended for short-term use.
XymoBolX™	Supports muscular function and recovery (Lemon or Fruit Punch)	Dissolve one scoop (6.8 g) into 8-12 oz of room-temperature water & consume once per day 30 to 60 minutes prior to resistance exercise or between meals
Zinc Glycinate	Supports immune system, reproductive health and antioxidant activity	1 capsule daily

### RETURN POLICY:

The Renewal Point gladly accepts unopened supplement returns within 60 days from the date of purchase for a full refund (minus any applicable shipping fees). Once we receive your return, we will promptly process the refund due, however it may take 2-3 days for the refund to post to your account.

**We must receive these products unopened and in new condition, therefore, the label should be reviewed prior to opening a product. Food, heat sensitive items, and special orders products are non-returnable and non-refundable.**

If you have any questions, please call us at (941) 926-4905 or e-mail us at [vitamins@therenewalpoint.com](mailto:vitamins@therenewalpoint.com)

**\*\*These statements have not been evaluated by the Food and Drug Administration (FDA). This information is not meant to diagnose, treat or cure any disease or medical condition. Please consult your doctor before starting any health or nutritional supplement program or before using these or any product during pregnancy or if you have a serious medical condition.**

Updated 05/03/22

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